## HOW TO APPLY

Apply online using our Client Portal, scan the QR code below, or the link can be found on our website - www.nekcap.org. Each grant administered by NEK-CAP, Inc. has different standards for determining eligibility, including level of income and geographic location (services vary according to county). For more information contact your local NEK-CAP, Inc. office or visit us at www.nekcap.org.



Serving Atchison (AT), Brown (BR), Doniphan (DP), Jackson (JA), Jefferson (JF), Jewell (JW), Leavenworth (LV), Marshall (MS), Mitchell (MC), Nemaha (NM), Osborne (OB), Pottawatomie (PT), Republic (RP), Riley (RL), Smith (SM), and Washington (WS) Counties.

## THE PROMISE OF COMMUNITY ACTION

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

**NEK-CAP**, Inc.'s VISION One by one all individuals, families and communities become self-reliant.

NEK-CAP, Inc. administers government and private grants such as Administration for Children and Families/Department of Health & Human Services; Kansas Housing; the State Department of Education (KSDE); United States Department of Agriculture (USDA); and Housing & Urban Development (HUD).



## **NEK-CAP**, Inc. Offices:

Administrative Office (Hiawatha) 785-742-2222 ~ www.nekcap.org

Atchison County (Atchison) Early Head Start & Outreach Office: 913-367-7114 Head Start Center: 913-367-7848

North Brown County (Hiawatha/Sabetha) Early Head Start & Head Start Center: 785-300-0109

South Brown County (Horton) Early Head Start & Head Start Center: 785-486-2965

> Doniphan County (Troy) Early Head Start: 785-985-2619

Jackson County (Holton) Early Head Start & Head Start Center: 785-364-2109

> Jefferson County (Oskaloosa) Early Head Start: 913-547-1362 Head Start Center: 785-338-1752

Leavenworth County (Lansing) Early Head Start & Head Start Center: 913-651-5692

> Marshall County (Marysville) Early Head Start: 785-562-2941

Nemaha County (Seneca) Early Head Start & Head Start Center: 785-336-2927

Pottawatomie County (Wamego) Early Head Start & Head Start Center: 785-508-2120

> AT, BR, DP, & LV Counties Community Services: 913-367-7114

> JA, JF, MS, NM, & PT & Counties Community Services: 785-851-0707

> JW, MC, OB, RP, SM & WS Counties Community Services: 785-547-7136

Riley County (Manhattan) Community Services: 785-741-9134



# **NEK-CAP, Inc.**

We provide comprehensive education and social services to low-income community members through collaborative partnerships focused on promoting the development of individuals and families, empowerment, and economic security.



## NEK-CAP, Inc. **Services**



NEK-CAP, Inc. Administrative Office Northeast Kansas Community Action Program PO Box 380 ~ 1260 220<sup>th</sup> Street Hiawatha, KS 66434 Phone: 785-742-2222 ~ Fax: 785-742-2164 nekcap@nekcap.org ~ www.nekcap.org

#### COMMUNITY SERVICES



Community Services and activities provide supportive services to families throughout NEK-CAP, Inc.'s 16-county service area. Community-based services vary by county, local needs,

and funding available. Services in your area may include emergency services, supportive services for those who experience homelessness, service coordination, food distributions, or other services identified and supported by grants and donations. Services use a Whole Family Approach and aim to identify each household's strengths.

#### EARLY HEAD START / HEAD START



Head Start programs promote school readiness of children ages birth to five from low-income families by supporting their development in a comprehensive

way. NEK-CAP, Inc.'s Head Start is center-based in seven counties serving children three to five years old - (available in AT, BR, JA, JF, LV, NM & PT Counties). The program serves children in a 3.5-hour and 7.0-hour day. NEK-CAP, Inc.'s Early Head Start is home based in nine counties (available in AT, BR, DP, JA, JF, LV, MS, NM & PT Counties) serving children from birth to three years old and pregnant moms. Head Start services are family-centered, encouraging the role of parents as the primary educators, nurturers of, and advocates for their children. Early Head Start/Head Start works in partnership with parents to encourage them in developing and using individual/family strengths, in order to successfully meet personal and family objectives. Parents are encouraged to become involved in all aspects of the program, from participation in children's activities to direct involvement in policy and program decisions.

## HOUSING



NEK-CAP, Inc. provides two housing programs: Housing Choice Voucher Program (HCV) and Tenant Based Rental Assistance (TBRA). Once families receive HCV assistance, they are eligible to sign up for our Family Self Sufficiency (FSS) Asset Building program. Utility deposit and/or rental assistance is paid directly to the utility provider and/or landlord. Units approved for the programs must pass decent and safe inspection requirements and be rent reasonable. Please visit our website for more information. Homeless support through Emergency Solutions Grant (ESG); and Housing with Opportunities CoC (Continuum of Care) are offered through Community Services. Programs vary from county to county across the service area as do eligibility requirements. (*Please visit our website for homeless program availability*) (HCV & TBRA available in AT-not city limits, BR, DP, JA, JF, MS & NM Counties)

#### HAVEN FOR FAMILIES



Families with children who experience literal homelessness is a growing concern in several communities. With funds from the Bezos Foundation Day One

Fund, communities can plan for local response and action to ensure no child is left sleeping outside. Limited funding for direct services for families with children to move into housing.

### FOUNDATIONS AND COMMUNITY FUNDS



Community donations and funds from private citizens and local businesses are an important asset in providing direct services. Through donations filtered through direct donations,

United Ways, and local Foundation Match Days, payments for activities such as Student Champions in Hiawatha for school and activity fees, or shortterm, urgent needs in Atchison, Doniphan and Jackson Counties are made possible.

## **POVERTY SIMULATIONS**



The Community Action Poverty Simulation (CAPS)\* is a unique tool that can be used to educate everyone, from

policy makers to local community leaders, about

daily strategies of a low-income family trying to survive, day to day, with a shortage of money and an abundance of stress. It is a *simulation*, not a game. The object is to inform participants of the hardships faced by real people. In post-experience surveys, over 85% of participants reported an above average or high level of increased knowledge about the financial pressures faced by low-income

families in meeting basic needs. \*CAPS is a copyrighted tool made available by the Missouri Association for Community Action to organizations that want to promote a greater understanding of poverty.



#### **REALL SIMULATIONS**



The Reality Enrichment And Life Lessons (REALL) project is a hands-on simulation designed to challenge youth (grades  $7^{th} - 12^{th}$ ) to think critically about how choices and decisions made in adolescence may

have consequences in adulthood. \*Designed by OACAC (Ozark Area Community Action Corporation).

#### FILLING THE GAP



NEK-CAP, Inc. and Kansas Food Bank collaborate to offer the Filling the Gap, a summer food program, for eligible youth (to age 18) In these six counties, approximately

100 youth are served through this program. (Available in JW, MC, OS, RP, SM & WS Counties)

#### **WEATHERIZATION**



Weatherization improves heating efficiency and fuel savings by helping your home retain heat and air conditioning, while keeping outside hot and cold air out. At no cost to the client, income-eligible families receive a comprehensive home energy audit, an

assessment of the entire home to identify areas for energy-saving improvements. (Available in AT, BR, DP, JA, JF, LV, NM, SN Counties)